

**MINISTRY OF EDUCATION AND SCIENCE OF UKRAINE  
Ternopil Volodymyr Hnatiuk National Pedagogical University**

**APPROVED  
BY THE ACADEMIC COUNCIL OF THE UNIVERSITY,  
PROTOCOL NO. 13 OF 25.06.2019  
PUT INTO EFFECT BY THE ORDER OF THE RECTOR  
NO. 151-R OF 25.06.2019**

With changes and additions,  
approved by the Academic Council of the  
University  
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With changes and additions,  
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University  
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approved by the Academic Council of the  
University  
protocol No. 13 of 28.06.2022  
put into effect by the order of the rector  
№ 127-r of 28.06.2022



**B. Buyak**

**EDUCATIONAL AND PROFESSIONAL PROGRAMME  
"PHYSICAL CULTURE AND SPORTS"  
Second (master's) level of higher education  
in the speciality 017 Physical Culture and Sports  
Fields of knowledge 01 Education/Pedagogy**

**Ternopil 2022**

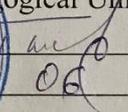
**LETTER OF APPROVAL**  
**of the educational and professional programme**

AREA OF EXPERTISE	01 Education/Pedagogy
SPECIALITY	017 Physical culture and sports
SUBJECT SPECIALITY	-
SECOND SPECIALITY (SUBJECT SPECIALITY)	-
SPECIALISATION	-
LEVEL OF HIGHER EDUCATION	Second (master's degree)
DEGREE	Master's degree
EDUCATIONAL QUALIFICATION	Master of Physical Education and Sports
PROFESSIONAL QUALIFICATION	Coach and teacher in sports. Lecturer at a higher education institution

APPROVED BY

Chairman of the Scientific and  
Methodological Council

of Ternopil Volodymyr Hnatiuk National  
Pedagogical University

  
Tereshchuk G.

"27" 06 2022 p.



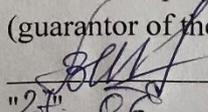
DEVELOPED BY

by the project group of the EP "Physical  
Culture and Sports"

of Ternopil Volodymyr Hnatiuk National  
Pedagogical University

Head of the project group

(guarantor of the educational programme)

  
Shandryhos V.I.

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## INTRODUCTION

Developed by a project team consisting of:

1. **Shandryhos Viktor** – PhD in Physical Education and Sports, Associate Professor, Associate Professor of the Department of Theory and Methods of Olympic and Professional Sports of Ternopil Volodymyr Hnatiuk National Pedagogical University – *project Team Leader, guarantor of the educational programme.*

2. **Ladyka Petro** – PhD in Physical Education and Sports, Associate Professor, Associate Professor of the Department of Theory and Methods of Olympic and Professional Sports of Ternopil Volodymyr Hnatiuk National Pedagogical University – *member of the project team; from the teachers of the support group.*

3. **Vasiruk Mykhailo** – Associate Professor of the Department of Theory and Methods of Olympic and Professional Sports of Ternopil Volodymyr Hnatiuk National Pedagogical University, Honoured Coach of Ukraine – *member of the project team; from the teachers of the support group.*

4. **Kuziv Maksym** – 1st year student majoring in 017 Physical Culture and Sports of the second (master's) level of higher education at Ternopil Volodymyr Hnatiuk National Pedagogical University – *internal stakeholder from the higher education students.*

5. **Liubinskyi Oleh** – Director of the Municipal Institution of the Ternopil Regional Council "Ternopil Regional School of Higher Sportsmanship" – *member of the project team; external stakeholder.*

6. **Oleksandr Kuryliak**, Director of the Municipal Institution of the Ternopil Regional Council "Ternopil Regional Children and Youth Sports School for Summer Sports", Master of Sports of Ukraine – *member of the project team; external stakeholder (employer).*

### **Reviews and feedback from external stakeholders:**

1. **Vasyl Ivehesh** – Honoured Worker of Education of Ukraine, Head Coach of the Ternopil Pedagogical University team, Director of the Ternopil Pedagogical Lyceum of Sports Profile of the Ternopil City Council, Ternopil Oblast.

2. **Andrii Teleban** – Director of the Municipal Institution "Children and Youth Sports School of Greco-Roman Wrestling" in Ternopil. Ternopil, Honoured Coach of Ukraine.

**1. Profile of the study programme "Physical Culture and Sports"  
in the speciality 017 Physical Culture and Sports**

<b>1 – General information</b>	
<b>Full name of the higher education institution and structural unit</b>	Ternopil Volodymyr Hnatiuk National Pedagogical University; Faculty of Physical Education Department of Theory and Methods of Olympic and Professional Sports
<b>Level of higher education</b>	Second (master's degree)
<b>Degree of higher education</b>	Master's degree
<b>Field of knowledge</b>	01 Education/Pedagogy
<b>Speciality</b>	017 Physical culture and sports
<b>Specialisation (if available)</b>	
<b>Official name of the study programme</b>	Physical culture and sports
<b>Educational qualifications</b>	Master of Physical Culture and Sports
<b>Qualification in the diploma</b>	Degree of higher education – Master's degree Speciality – Physical Culture and Sports Educational programme – Physical culture and sports Professional qualification – Sports coach and teacher. Teacher of a higher education institution
<b>Restrictions on forms of education</b>	Not available
<b>Language (s) of instruction</b>	English
<b>Programme cycle/level</b>	NCF of Ukraine – level 7, FQ-EHEA – second cycle, EQF LLL – level 7
<b>Type of diploma and scope of the educational programme</b>	Master's degree, single, 90 ECTS credits, duration of study – 1 year 4 months
<b>Background</b>	Bachelor's or Master's degree (specialist's degree) in higher education
<b>Availability of accreditation</b>	Ministry of Education and Science of Ukraine, Ukraine Certificate of accreditation of the educational programme "Physical Culture and Sports" Certificate, series UD № 20006844, dated 08.01.2019. Valid until 01.07.2024.
<b>Internet address for permanent posting of the educational programme description</b>	<a href="http://tnpu.edu.ua/fakultet-f-zichnogo-vikhovannya.php">http://tnpu.edu.ua/fakultet-f-zichnogo-vikhovannya.php</a>

## 2 - Purpose of the study programme

To provide higher education applicants (hereinafter referred to as the HEI) with the acquisition of knowledge, skills and abilities in the fields of physical culture and sports and sports training methods at an appropriate level that will provide the HEI with free access to employment, further education and research

## 3 – Characteristics of the study programme

<b>Subject area (field of knowledge, speciality, specialisation)</b>	01 Education / Pedagogy 017 Physical education and sport Objects of study and activity – the field of physical culture and sports. Learning objectives – training of specialists capable of identifying and effectively solving complex specialised tasks and practical problems of innovative and scientific nature in the field of physical culture and sports. Theoretical content of the subject area – ideas, concepts, paradigms, concepts, theories of analysis of the functioning and forecasting of the development of physical culture and sports. Methods, techniques and technologies – general scientific research methods; methods and techniques of scientific research on the problems of physical culture and sports; technologies for solving theoretical and practical problems in certain areas of physical culture and sports. Instruments and equipment – modern instruments and equipment for scientific research; IT technologies and relevant computer tools.
<b>Orientation of the study programme</b>	Educational and professional. The content of the programme is aimed at general and professional training of a competitive specialist who has a scientific research methodology, modern information technologies in the field of physical culture and sports, is capable of creative teaching and methodological activities, continuous self-education, professional self-improvement. It involves adherence to the fundamental principles and approaches to modern higher education in educational activities: scientificity, continuity and continuity, humanism, democracy, student-centredness, integrity, publicity and openness, collective and personal responsibility for the organisation, progress and results of the educational process.
<b>Main focus of the study programme and specialisation</b>	Training of a sports coach, a teacher of a higher education institution at the level of high standards of educational quality and ensuring their competitiveness in the national, European and global labour markets on this basis. It involves the formation of integral, general and special competences aimed at solving modern problems of

	<p>education.</p> <p><i>Key words:</i> master's degree, physical education, sport, sports training, coach-teacher.</p>
<b>Features of the programme</b>	The special features are workshops in specialised disciplines aimed at introducing the latest methods and technologies of research in the fields of physical culture and sports.
<b>4 – Suitability of graduates for employment and further education</b>	
<b>Suitability for employment</b>	<p><i>Professional types of work</i> according to <b>SC 003:2010:</b> 2310 Teachers of universities and higher education institutions 2310.2 Teacher of a higher education institution 2310.2 Assistant 232 Teachers of secondary schools; 235 Other professionals in the field of education; 2331 Teacher of secondary school 2351.1 Junior researcher (teaching methods) 351.2 Teacher (teaching methods) 2351.2 Methodist in physical education 2359.2 Teacher-organiser 23667 Researcher (physical culture and sports) 334 Other specialists in the field of education 3475 Sports coaches, sports referees, instructors and professional athletes</p> <p>according to <b>ISCO-08:</b> 2310 University and Higher Education Teachers; 330 Secondary Education Teachers; 2359 Other Teaching Professionals.</p>
<b>Further education</b>	The right to obtain the third (educational and scientific) level of higher education - the degree of Doctor of Philosophy.
<b>5 – Teaching and evaluation</b>	
<b>Teaching and learning</b>	<p><i>Forms of study:</i> classroom classes; independent and individual work; pedagogical practice; control measures, certification.</p> <p><i>Main types of classes:</i> lecture, laboratory, practical, seminar, individual lesson, consultation. Classes are held in classrooms equipped with the necessary materials, technical means, and devices; during the class, the teacher organises the consideration of theoretical provisions of the discipline and develops the skills and abilities of their practical application.</p> <p><i>Main teaching methods:</i> verbal (explanation, conversation, discussion, brainstorming, express surveys, tests, etc.), visual (demonstration, observation, experiment), practical</p>

	<p>(trainings, cases, projects), interactive and information and communication methods, including blended, offline and online learning, built on various platforms, hardware and software.</p> <p><i>Main learning methods:</i> report, discussion, essay, small group work, role-playing didactic games, microteaching, reflection on the teacher's and colleague's activities and self-reflection, self-study (analysis, synthesis, observation, measurement, comparison, abstraction, generalisation, modelling, etc.)</p>
<p><b>Evaluation</b></p>	<p>The main <i>types of internal control are:</i> a) planned current, milestone (module) and final; b) administrative – rectorial control and intermediate certification.</p> <p>Current control covers the assessment of the results of the learning activities of a higher education student in individual classroom classes and the performance of independent extracurricular activities, thematic control. Modular control is carried out after studying a logically complete part of the discipline (module) - it can be carried out in the form of computer testing, written tests, creative tasks, etc.</p> <p>The final control includes semester control and state certification. The following forms of semester control are used: "semester exam", "semester differentiated test", "semester test".</p> <p>At the stages of final and module assessment, summative assessment is used, in which the final or module grade is formed as the sum of points for all types of current learning activities (laboratory work, problem solving, activity in seminars, projects, individual learning activities, credit lessons, educational activities, extracurricular activities during pedagogical practice, etc.)</p> <p><i>Forms of assessment:</i> oral questioning, written essays, presentations, portfolios, cases, testing, tests, colloquia; presentation of scientific work; defence of laboratory and calculation reports; tests, examinations; reports on the results of pedagogical and scientific and pedagogical practices and their defence; self- and mutual assessment.</p> <p>Certification of higher education students is carried out in the form of defence of qualification (master's) thesis.</p> <p>The following scales are used for control and evaluation purposes:</p> <p>100-point ECTS scale – 100 points correspond to 100% of the total semester grade in the discipline (grades for practice, etc.); 5-point national scale – for transferring grades from the 100-point ECTS scale in examination disciplines and disciplines, pedagogical practice, which end with a</p>

	differentiated test; 2-level national scale – for transferring grades from the 100-point ECTS scale in credit disciplines.
<b>6 – Programme competences</b>	
<b>Integral competence</b>	Ability to solve research and/or innovation problems in the field of physical culture and sports.
<b>General competences (GC)</b>	GC1. Ability to act in a socially responsible and conscious manner. GC2. Ability to search, process and analyse information from various sources. GC3. Ability to adapt and act in a new situation. GC4. Ability to identify, pose and solve problems. GC5. Ability to generate new ideas (creativity). GC6. Ability to develop and manage projects. GC7. Ability to motivate people and move towards a common goal. GC8. Ability to work in an international context.
<b>Special (professional, subject) competences (SC)</b>	SC1. Ability to critically reflect on problems in the field of physical culture and sports, to think originally and to conduct research. SC2. Ability to develop and implement innovative projects in the field of physical culture and sports. SC3. Ability to carry out scientific and pedagogical activities in higher education institutions. SC4. Ability to manage work or educational processes in the field of physical culture and sports, which are complex, unpredictable and require new strategic approaches. SC5. Ability to solve problems in the field of physical culture and sport in new or unfamiliar environments with incomplete or limited information, taking into account aspects of social and ethical responsibility. SC6. The ability to self-education, self-improvement and self-reflection for successful professionalisation in the field of physical culture and sports. SC7. Ability to plan, organise and carry out independent research on the problems of physical culture and sports. SC8. Ability to implement in practice the results of scientific research aimed at solving applied problems in the field of physical culture and sports. SC9. To understand the principles of professional and academic ethics and the need to comply with them.
<b>7 – Programme learning outcomes</b>	
PLO 1. Analyse the features, contradictions and prospects for the development of the modern sphere of physical culture and sports, critically comprehend problems in the field and on the border of knowledge fields.	

- PLO 2. Make effective decisions to solve problems in the field of physical culture and sports, generate and compare alternatives, assess risks and resource needs.
- PLO 3. Freely discuss the results of professional activities, research and innovative projects in the field of physical culture and sports in the state and foreign languages orally and in writing.
- PLO 4. Clearly and unambiguously communicate their own knowledge, conclusions and arguments on physical culture and sports to specialists and non-specialists, including students.
- PLO 5. Develop and teach specialised disciplines in higher education institutions.
- PLO 6. Search for the necessary information in the scientific literature, databases, other sources, analyse and evaluate this information.
- PLO 7. Apply modern digital technologies and specialised software, methods of statistical data analysis to solve complex problems of physical culture and sports.
- PLO 8. To organise effective teamwork aimed at achieving certain goals, taking into account economic, legal and ethical aspects.
- PLO 9. To develop and implement scientific and applied projects aimed at solving innovative problems in the field of physical culture and sports, as well as related interdisciplinary projects.

#### **8 – Resource support for programme implementation**

<b>Personnel support</b>	<p>Academic staff providing the educational and professional programme are full-time employees of the university, have academic degrees and academic titles and meet the staffing requirements of the licensing conditions for conducting educational activities at the second (master's) level of higher education (Resolution of the Cabinet of Ministers of Ukraine No. 1187 of 30 December 2015 (as amended by Resolution of the Cabinet of Ministers of Ukraine No. 365 of 24 March 2021) "Licensing Conditions for Conducting Educational Activities").</p> <p>Teaching of the compulsory component is carried out by 55.3% of doctors of sciences, professors and 100% of candidates of sciences, associate professors.</p> <p>Teachers who ensure the implementation of this programme have the appropriate basic education, the required number of publications in Scopus, Web of science, and professional journals, and actively participate in scientific and practical conferences of various levels (international, national, and regional). All research and teaching staff, in accordance with the established schedules, undergo advanced training in higher education institutions and research institutes.</p> <p>All teachers of the EP have active profiles in professional scientific networks ORCID, ResearcherID, Google Scholar.</p>
<b>Material and technical support</b>	<p>The material and technical support for the professional training of applicants for the second (master's) level of the educational programme "Physical Culture and Sports" meets</p>

	<p>the licensing conditions The teaching of sports and pedagogical special disciplines is carried out in specialised sports halls and classrooms, including a game room, a gymnastic gym, a gym for wrestling classes, a music room, an athletics arena, a stadium, which has a football field; running athletics tracks; sectors for jumping and throwing; sports grounds; hammer throw and shot put field, tourist room, massage room, physical therapy room on the basis of the sanatorium-preventorium, skiing base, classrooms (No. 25, 52, 168, 171, 174).</p> <p>The areas of the premises used in the educational process comply with sanitary standards and fire safety regulations. In accordance with the current regulations for the training of higher education students at the first (bachelor's) level of higher education (Resolution of the Cabinet of Ministers of Ukraine No. 1187 of 30 December 2015 (as amended by Resolution of the Cabinet of Ministers of Ukraine No. 347 of 10 May 2018) "On Approval of Licensing Conditions for the Conduct of Educational Activities of Educational Institutions").</p>
<p><b>Information, training-methodological support</b></p>	<p>Ternopil Volodymyr Hnatiuk National Pedagogical University has a powerful information support system, which includes the following components (<a href="http://tnpu.edu.ua">http://tnpu.edu.ua</a>); electronic archive-repository (<a href="http://dspace.tnpu.edu.ua/index.jsp?locale=uk">http://dspace.tnpu.edu.ua/index.jsp?locale=uk</a>); wireless Internet access points; electronic catalogue of the virtual library (<a href="http://catalog.library.tnpu.edu.ua">http://catalog.library.tnpu.edu.ua</a>); scientific library, reading rooms, virtual learning environment Moodle.</p> <p>The educational and methodological support of the educational process includes: curriculum, educational and methodological complexes of disciplines, curricula and work programmes of disciplines; practice programme; methodological instructions for completing course and bachelor's works; packages of comprehensive tests; author's developments (textbooks, manuals, methodological materials) of the teaching staff.</p>
<p><b>9 – Academic mobility</b></p>	
<p><b>National credit mobility</b></p>	<p>Opportunity for academic exchange between TNPU and Ukrainian universities (according to the <a href="https://tnpu.edu.ua/naukova-robota/akadem-chna-mob-in-st.php">agreements with partner universities https://tnpu.edu.ua/naukova-robota/akadem-chna-mob-in-st.php</a>) study, internship, practice at a university that accepts higher education applicants, with subsequent recognition of academic results of educational and/or educational and research activities at the</p>

	<p>university using the European Credit Transfer and Accumulation System (ECTS).</p> <p>As part of the academic exchange between TNPU and the V. Stefanyk Precarpathian National University, higher education students have the opportunity to participate in the Open Online Lecture Series project on the Cisco Webex Meeting platform.</p>
<p><b>International credit mobility</b></p>	<p>According to TNPU agreements on international credit mobility, in particular ERASMUS+:</p> <p>University of Marmara (20.11.2019 – 19.11.2024);</p> <p>Shenyang Normal University (29.11.2018 – 28.11.2023);</p> <p>Humanitas University (Sosnowiec) (27.11.2018 – unlimited);</p> <p>Kuyavian-Pomeranian University of Education (Bydgoszcz) (27.10.2014 – unlimited);</p> <p>University of Linguistics in Czestochowa (27.10.2014 – unlimited).</p> <p><a href="http://tnpu.edu.ua/about/pidrozdily/partners.php">http://tnpu.edu.ua/about/pidrozdily/partners.php</a></p>

## 2. List of components of the educational and professional programme and their logical sequence

### 2.1 List of components of the EP

A/d code	Components of the educational programme (academic disciplines, course projects (works), internships, qualification work)	Number of credits	Form of final control
1	2	3	4
<b>2.1. MANDATORY COMPONENTS OF THE EP</b>			
<b>2.1.1. General training disciplines</b>			
MC 1.	Philosophy of science	3	examination
MC 2.	Psychology and pedagogy of higher education	3	examination
MC 3.	Management in education	3	examination
MC 4.	Digital technologies in education and science: a training course	3	credit
MC 5.	Foreign language for professional purposes	4	examination
<b>Scope of compulsory components of the general training cycle EP</b>		<b>16</b>	
<b>2.1.2. Academic disciplines of professional training</b>			
MC 6.	Methods of scientific research in PCS	3	examination
MC 7.	Methods of teaching SPD in HEIs	5	examination
MC 8.	Methods of sports training in the chosen sport	5	examination
MC 9.	Theory and methodology of sports of higher achievement	5	examination
MC 10.	"Sport for all" in the system of physical education	3	credit
MC 11.	Fundamentals of the generalised theory of physical culture and sport	5	examination
MC 12.	Management in physical culture and sports	3	credit
<b>Scope of compulsory components of the EP training cycle</b>		<b>29</b>	
<b>2.1.3. Practice</b>			
MC 13.	Industrial practice in the children's and youth sports school	6	differentiated credit
MC 14.	Scientific and pedagogical practice	9	differentiated credit
<b>Scope of mandatory components of the practical training cycle of the EP</b>		<b>15</b>	
<b>2.1.4. Certification</b>			
MC 14.	<b>Certification exam</b>	<b>1,5</b>	
MC 15.	<b>Defence of qualification work</b>	<b>1,5</b>	
<b>The total amount of mandatory components:</b>		<b>63</b>	
<b>2.2. SELECTIVE COMPONENTS OF THE EP</b>			
<b>Selected components *</b>		<b>27</b>	<i>credits</i>
<b>The total volume of selected components:</b>		<b>27</b>	
<b>TOTAL VOLUME OF THE EDUCATIONAL PROGRAMME</b>		<b>90</b>	

\*Elective components (disciplines) from the university-wide catalogue of general training electives and the catalogue of professional training electives of the educational programme, as well as

disciplines from other educational programmes or other levels of higher education of TNPU / other HEIs under external or internal academic mobility programmes.

## 2.2. Structural and logical diagram of academic disciplines of the EP

I course		II course
I semester	II semester	III semester
<b>1.1. NORMATIVE ACADEMIC DISCIPLINES</b>		
Philosophy of science	Digital technologies in education and science: a training course	Theory and methodology of sports of higher achievement
Psychology and pedagogy of higher education	Foreign language for professional purposes	
Management in education	Methods of teaching SPD in HEIs	"Sport for all" in the system of physical education
Methods of scientific research in PCS	Methods of sports training in the chosen sport	Management in physical culture and sports
Fundamentals of the generalised theory of physical culture and sport	Academic disciplines of the student's free choice from the university-wide catalogue	Academic disciplines of the student's free choice
	Academic disciplines of the student's free choice from the university-wide catalogue	from the university-wide catalogue
Academic disciplines of the student's free choice from the university-wide catalogue	Academic disciplines of the student's free choice from the university-wide catalogue	Academic disciplines of the student's free choice
Academic disciplines of the student's free choice from the university-wide catalogue	Academic disciplines of the student's free choice from the university-wide catalogue	Academic disciplines of the student's free choice
Academic disciplines of the student's free choice from the university-wide catalogue	Academic disciplines of the student's free choice from the university-wide catalogue	from the university-wide catalogue
	Industrial practice in the children's and youth sports school	Scientific and pedagogical practice
<b>Certification exam</b>		
<b>Defence of qualification work</b>		

<b>A mandatory component of general training</b>
<b>A mandatory component of professional training</b>
<b>Practices</b>
<b>Elective component of professional training</b>

### 3. Form of certification of higher education students

<b>Form of certification of higher education students</b>	Attestation is carried out in the form of a certification examination and a public defence of a qualification work
<b>Requirements for qualifying work</b>	<p>The qualification work involves the implementation of a research or innovative project aimed at solving an actual problem of physical culture or sports; it involves the application of certain theories and methods; it is characterised by complexity and uncertainty of conditions. It meets the requirements of originality, uniqueness and uniqueness of the provisions put forward with a clear justification of the research methodology.</p> <p>The qualification work does not contain academic plagiarism, falsification and fabrication and must be checked for plagiarism on the educational platform of TNPU Moodle.</p> <p>The qualification work is published on the official website of TNPU or in the TNPU repository</p>
<b>Requirements for public defence</b>	The master's thesis is defended in public at a meeting of the examination committee. A prerequisite for admission to the master's thesis defence is its preliminary defence at the departmental scientific and methodological seminar, testing of research results and main conclusions at scientific conferences, methodological seminars, etc. It is advisable to publish abstracts, articles in the student and master's bulletins of TNPU, in domestic and foreign professional scientific journals
<b>Requirements for the certification exam</b>	The certification exam involves assessing the achievement of learning outcomes defined by the standard and the relevant educational programme
<b>Internal quality assurance of higher education</b>	
<b>Internal quality assurance system for higher education</b>	<p>The internal quality assurance system is in place, which provides for the following procedures and measures:</p> <ul style="list-style-type: none"> <li>determination of principles and procedures for quality assurance of higher education;</li> <li>monitoring and periodic review of educational programmes;</li> <li>ensuring the availability of the necessary resources for the organisation of the educational process, including the independent work of students;</li> <li>ensuring the availability of information systems for effective management of the educational process;</li> <li>ensuring the publicity of information about educational programmes, degrees of higher education and qualifications;</li> <li>ensuring compliance with academic integrity by employees of higher education institutions and higher education students, including the creation and maintenance of an effective system for the prevention and detection of academic plagiarism.</li> </ul> <p>The system of ensuring the quality of educational activities and the quality of higher education at the request of higher education institutions is assessed by the National Agency for Quality Assurance in Higher</p>

	<p>Education or its accredited independent institutions for evaluation and quality assurance of higher education for its compliance with the requirements for the quality assurance system of higher education approved by the National Agency for Quality Assurance in Higher Education and international standards and recommendations for quality assurance in higher education.</p> <p>It is regulated by the Regulations on the Internal Quality Assurance System at Ternopil Volodymyr Hnatiuk National Pedagogical University approved by the Academic Council of the University, Minutes No. 7 of 23.02.2016, as amended and supplemented by the Academic Council of the University, Minutes No. 12 of 25.05.2021, put into effect by the Rector's Order No. 128-r of 25.05.2021.</p>
<p><b>Principles and procedures for ensuring the quality of education</b></p>	<p>The principles and procedures for ensuring the quality of higher education at TNPU are presented in the following regulatory documents:</p> <ul style="list-style-type: none"> <li>• Regulations on the Organisation of the Educational Process at Ternopil Volodymyr Hnatiuk National Pedagogical University: <a href="http://tnpu.edu.ua/about/public_inform/upload/2019/Polozhennia_pro_orhanizatsiiu_osvitnoho_pro_tsesu.pdf">http://tnpu.edu.ua/about/public_inform/upload/2019/Polozhennia_pro_orhanizatsiiu_osvitnoho_pro_tsesu.pdf</a></li> <li>• Regulations on the organisation and conduct of student internships: <a href="http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennia_pro_orhanizatsiiu_ta_provedenni_a_praktyk_studentiv.pdf">http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennia_pro_orhanizatsiiu_ta_provedenni_a_praktyk_studentiv.pdf</a></li> <li>• Regulations on academic mobility of higher education students and research and teaching staff. Regulations on the implementation of the right to academic mobility: <a href="http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennia_pro_poriadok_realizatsii_prava_na_akademichnu_mobilnist.pdf">http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennia_pro_poriadok_realizatsii_prava_na_akademichnu_mobilnist.pdf</a></li> <li>• Regulations on the system of internal quality assurance of education <a href="http://tnpu.edu.ua/about/public_inform/upload/2019/Polozhennia_pro_systemu_vnutrishnoho_zabezpechennia%20yakosti.pdf">http://tnpu.edu.ua/about/public_inform/upload/2019/Polozhennia_pro_systemu_vnutrishnoho_zabezpechennia%20yakosti.pdf</a></li> <li>• Regulations on the Centre for Education Quality Assurance: <a href="http://tnpu.edu.ua/about/public_inform/upload/Vychena_rada%2018-19/Polozhennia%20pro%20centr%20zabezpechennia%20yakosti%20osviti.pdf">http://tnpu.edu.ua/about/public_inform/upload/Vychena_rada%2018-19/Polozhennia%20pro%20centr%20zabezpechennia%20yakosti%20osviti.pdf</a></li> </ul>

<p><b>Monitoring and periodic review of educational programmes</b></p>	<p>The mechanism for creating and periodically reviewing the EP is laid down in the Regulations on the Development and Maintenance of Educational Programmes: <a href="https://tnpu.edu.ua/about/public_inform/upload/2021/Polozhennia_pro_rozroblennia_i_suprovodzhennia_osvitnikh_prohram_u_TNPU.pdf">https://tnpu.edu.ua/about/public_inform/upload/2021/Polozhennia_pro_rozroblennia_i_suprovodzhennia_osvitnikh_prohram_u_TNPU.pdf</a></p> <p>The support group for the speciality 017 Physical Culture and Sports monitors the labour market, organisationally supports the process of training higher education applicants throughout the entire period of study, analyses its relevance, compliance of the EP with current regulations, recommendations of the Ministry of Education and Science of Ukraine, requirements of employers and the student community and, if necessary, develops changes to curricula and other documentation. Proposals for improving the EP are provided by the Programme Council for the speciality 017 Physical Culture and Sports as an advisory body to the EP guarantor, established by the Commission for Internal Quality Assurance of Education of the Faculty of Physical Education.</p> <p>Regulations on the Internal Quality Assurance System at Volodymyr Hnatiuk Ternopil National Pedagogical University, approved by the Academic Council of the University, (as amended), approved by the Academic Council of the University, Minutes No. 12 of 25.05.2021.</p>
<p><b>Annual evaluation of higher education students, research and teaching staff of HEIs and regular publication of the results of such evaluations on the official website, on information stands and in any other way</b></p>	<p>A mechanism for assessing the achievements of applicants for scholarships has been introduced; evaluation of academic staff based on ratings of research, methodological and organisational work and rating of teachers based on the results of a questionnaire of applicants. It is enshrined in the following regulatory documents of TNPU:</p> <ul style="list-style-type: none"> <li>• Regulations on Rating Assessment of Higher Education Applicants at Ternopil Volodymyr Hnatiuk National Pedagogical University: <a href="http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennia_pro_reitynhove_otsiniuvannia_zdobuvachiv_vyshchoi_osvity.pdf">http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennia_pro_reitynhove_otsiniuvannia_zdobuvachiv_vyshchoi_osvity.pdf</a>;</li> <li>• Procedure for forming a rating of persons studying at the expense of the state (local) budget: <a href="http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennja_pro_form_reytyngu_derzhbjud_zhet.pdf">http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennja_pro_form_reytyngu_derzhbjud_zhet.pdf</a>;</li> <li>• Rules for awarding scholarships at Ternopil Volodymyr Hnatiuk National Pedagogical University <a href="http://tnpu.edu.ua/about/public_inform/upload/2018/Pravyla_pryznachennja_stypendij_.pdf">http://tnpu.edu.ua/about/public_inform/upload/2018/Pravyla_pryznachennja_stypendij_.pdf</a> ;</li> <li>• Regulations on the rating assessment of the professional activities of research and teaching staff: <a href="http://tnpu.edu.ua/about/public_inform/upload/2019/Polozhennia_pro_reitynhove_otsiniuvannia_profesiinoi_diialnosti_naukovo_pedahohichnykh_pratsivnykiv.pdf">http://tnpu.edu.ua/about/public_inform/upload/2019/Polozhennia_pro_reitynhove_otsiniuvannia_profesiinoi_diialnosti_naukovo_pedahohichnykh_pratsivnykiv.pdf</a> ; The results of the assessment and ranking are published on the TNPU website: <a href="http://tnpu.edu.ua/about/pidrozdily/monitoring/R_ezultaty_monitorynhovykh_doslidzen_za_2018-2019_rr..pdf">http://tnpu.edu.ua/about/pidrozdily/monitoring/R_ezultaty_monitorynhovykh_doslidzen_za_2018-2019_rr..pdf</a></li> </ul>

<p><b>Professional development of academic, pedagogical and research staff</b></p>	<p>It is regulated by the Regulations on Advanced Training (Internships) for Pedagogical and Scientific and Pedagogical Staff, approved by the Academic Council of the University, Minutes No. 1 of 30.08.2019, and put into effect by the Rector's Order No. 180-p of 02.09.2019.</p> <p>Work is underway to strengthen the practical component of advanced training of research and teaching staff in the system of postgraduate and non-formal education, in particular, through internships at enterprises, institutions, organisations within Ukraine and abroad, participation in international projects, grant programmes, training in certification programmes. TNPU has developed and is implementing a professional development programme for teachers:  <a href="http://tnpu.edu.ua/about/public_inform/upload/2019/Programa_profesijnoho_rozvytku_vykladachi_v.pdf">http://tnpu.edu.ua/about/public_inform/upload/2019/Programa_profesijnoho_rozvytku_vykladachi_v.pdf</a></p>
<p><b>Availability of necessary resources for organising the educational process</b></p>	<p>Applicants for the EP are provided with the necessary resources (material base, teaching and methodological and information support, distance learning platform Moodle). Measures are being taken to improve the organisation of independent work of applicants of various forms of education, including through constant monitoring, updating of discipline courses, and the distance learning platform Moodle. TNPU has:</p> <ul style="list-style-type: none"> <li>• Regulations on the organisation of students' independent work:  <a href="http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennia_pro_samostiinu_robotu_studenti_v_.pdf">http://tnpu.edu.ua/about/public_inform/upload/2017/Polozhennia_pro_samostiinu_robotu_studenti_v_.pdf</a> ;</li> <li>• Regulations on Distance Learning at Ternopil Volodymyr Hnatiuk National Pedagogical University:  <a href="http://tnpu.edu.ua/about/public_inform/upload/2018/Polozhennia_pro_dystantsiine_navchannia.pdf">http://tnpu.edu.ua/about/public_inform/upload/2018/Polozhennia_pro_dystantsiine_navchannia.pdf</a></li> <li>• Regulations on the electronic educational and methodological complex of the discipline <a href="http://tnpu.edu.ua/about/public_inform/upload/2019/Polozhennia_pro_elektronnyi_navchalno_metodychnyi_kompleks_navchalnoi_dystsypliny.pdf">http://tnpu.edu.ua/about/public_inform/upload/2019/Polozhennia_pro_elektronnyi_navchalno_metodychnyi_kompleks_navchalnoi_dystsypliny.pdf</a></li> </ul>
<p><b>Ensuring the observance of academic integrity by employees of HEIs and higher education students, including the creation and functioning of an effective system for the prevention and detection of academic plagiarism in the scientific works of</b></p>	<p>TNPU has:</p> <ul style="list-style-type: none"> <li>• Regulations on the prevention and detection of plagiarism and other academic dishonesty in the educational and research work of higher education students:  <a href="http://tnpu.edu.ua/naukovarobota/public%20information/Plag%20zdobyv.pdf">http://tnpu.edu.ua/naukovarobota/public%20information/Plag%20zdobyv.pdf</a>;</li> <li>• Regulations on the prevention and detection of plagiarism and other types of academic dishonesty in the educational, methodological and research work of employees:  <a href="http://tnpu.edu.ua/naukovarobota/public%20information/Plagiat%20pracy_v_n.pdf">http://tnpu.edu.ua/naukovarobota/public%20information/Plagiat%20pracy_v_n.pdf</a>.</li> </ul> <p>TNPU has a Standing Committee on Ethics and Academic Integrity to prevent plagiarism in educational activities:  <a href="http://tnpu.edu.ua/about/public_inform/upload/Vschena_rada%2018-19/Komisija%20z%20akademichnoi%20dobrochnosti.jpg">http://tnpu.edu.ua/about/public_inform/upload/Vschena_rada%2018-19/Komisija%20z%20akademichnoi%20dobrochnosti.jpg</a></p>

<b>employees of HEIs and higher education students</b>	All applicants for higher education in the speciality 017 Physical Culture and Sports and academic staff who ensure the implementation of the EP sign a declaration of academic integrity. Qualification works of higher education applicants are checked for plagiarism in the MOODLE system.
<b>Other procedures and activities</b>	TNPУ has: <ul style="list-style-type: none"> <li>• Institutional model of the system of internal quality assurance of education: <a href="http://tnpu.edu.ua/about/pidrozdily/monitoring/Instytutysiina_model_systemy_vnutrishnoho_zabezpechennia_jakosti_TNPU.pdf">http://tnpu.edu.ua/about/pidrozdily/monitoring/Instytutysiina_model_systemy_vnutrishnoho_zabezpechennia_jakosti_TNPU.pdf</a>;</li> <li>• Programme of measures to ensure the quality of education: <a href="http://tnpu.edu.ua/about/public_inform/upload/2019/Programa_zakhodiv_iz_zabezpechennia_ya_kosti_osvity.pdf">http://tnpu.edu.ua/about/public_inform/upload/2019/Programa_zakhodiv_iz_zabezpechennia_ya_kosti_osvity.pdf</a></li> </ul>

#### 4. Matrix of compliance of programme competences with the components of the educational programme

	IC	General competences (GC)									Special (professional) competences (SC)								
		GC1	GC2	GC3	GC4	GC5	GC6	GC7	GC8	GC9	SC1	SC2	SC3	SC4	SC5	SC6	SC7	SC8	SC9
MC 1	•			•			•							•					
MC 2	•	•	•								•				•				
MC 3	•			•	•					•	•		•						
MC 4	•			•	•	•				•		•	•	•			•	•	
MC 5	•	•				•				•		•	•		•		•	•	
MC 6	•				•					•				•	•				
MC 7	•	•	•	•	•					•			•	•	•	•	•	•	
MC 8	•	•		•						•	•		•						
MC 9	•			•						•		•							
MC 10	•				•					•									
MC 11	•		•	•	•	•				•	•								
MC 12	•		•	•	•	•				•	•		•	•					
MC 13	•	•	•	•	•	•	•	•	•	•			•	•	•	•	•	•	
MC 14	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	

#### 5. Matrix for ensuring programme learning outcomes (PLOs) mandatory components of the educational programme

	Learning outcomes									
	PLO1	PLO2	PLO3	PLO4	PLO5	PLO6	PLO7	PLO8	PLO9	PLO10
MC 1	•			•			•		•	
MC 2	•	•	•			•		•		
MC 3	•			•	•					•
MC 4	•			•	•	•	•			•
MC 5	•	•				•		•	•	•
MC 6	•				•			•	•	
MC 7	•	•	•	•	•			•	•	•
MC 8	•	•		•				•	•	•
MC 9	•			•				•	•	
MC 10	•				•			•		
MC 11	•		•	•	•	•		•		
MC 12	•		•	•	•	•		•		•
MC 13	•	•	•	•	•	•	•	•	•	•
MC 14	•			•				•	•	

## **6. List of regulatory documents on which the educational programme is based**

1. Law of Ukraine "On Higher Education" [Electronic resource]. URL: <http://zakon5.rada.gov.ua/laws/show/1556-18>.

2. National Qualifications Framework, approved by the Resolution of the Cabinet of Ministers of Ukraine of 23.11.2011 No. 1341 (as amended) [Electronic resource]. URL: <http://zakon0.rada.gov.ua/laws/show/1341-2011-п>

3. Licensing conditions for the conduct of educational activities, approved by the Resolution of the Cabinet of Ministers of Ukraine of 30 December 2015. No. 1187 (as amended by the Resolution of the Cabinet of Ministers of Ukraine of 24 March 2021 No. 365) [Electronic resource]. URL: <https://zakon.rada.gov.ua/laws/show/365-2021-%D0%BF#Text>.

4. Classifier of professions SC 003:2010 [Electronic resource]: National Classifier of Ukraine: Order of the State Committee of Ukraine for Technical Regulation and Consumer Policy of 28.07.2010 No 327 / State Committee of Ukraine for Technical Regulation and Consumer Policy. URL: [https://hrliga.com/docs/327\\_KP.htm](https://hrliga.com/docs/327_KP.htm).

5. ECTS User's Guide [Electronic resource]. 2015. URL: <http://erasmusplus.org.ua/en/news/1162-ects-user-guide-2015-in-english-and-ukrainian-languages-are-available-in-e-format.html>

6. Standards and guidelines for quality assurance in the European Higher Education Area (ESG). - Kyiv: TS LLC, 2015. - 32 p. URL: [https://www.britishcouncil.org.ua/sites/default/files/standards-and-guidelines\\_for\\_qa\\_in\\_the\\_hea\\_2015.pdf](https://www.britishcouncil.org.ua/sites/default/files/standards-and-guidelines_for_qa_in_the_hea_2015.pdf)

7. Methodological recommendations for the development of higher education standards, approved by the Order of the Ministry of Education and Science of Ukraine of 01.06.2017 No. 600 (as amended by the Order of the Ministry of Education and Science of Ukraine of 30.04.2020 No. 584). URL: <https://mon.gov.ua/ua/npa/pro-unesennya-zmin-domethodichnih-rekomendacij-shodo-rozroblennya-standartiv-vishoyi-osviti-1>.

8. Development of educational programmes: methodological recommendations / by V.M. Zakharchenko, V.I. Lugovyi, Yu. Rashkevych, Zh.V. Talanova; edited by V.G. Kremen. Kyiv: Priorities Research and Development Centre, 2014. 120 c. URL: [http://ibhb.chnu.edu.ua/uploads/files/metodrada/Rozroblennya\\_osv\\_program.pdf](http://ibhb.chnu.edu.ua/uploads/files/metodrada/Rozroblennya_osv_program.pdf).

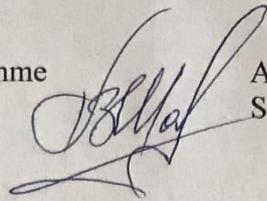
9. Regulations on Accreditation of Educational Programmes for the Training of Higher Education Applicants (Order of the Ministry of Education and Science of Ukraine of 11.07.2019 No. 977 URL: <https://zakon.rada.gov.ua/laws/show/z0880-19#Text>).

10. Recommendations on the application of criteria for assessing the quality of an educational programme / Approved by the National Agency for Higher Education Quality Assurance on 17 November 2020: / Ukrainian Educational Publishing Centre "Orion" LLC. Kyiv, 2020. 66 c.

11. Guidelines for experts of the National Agency for the accreditation of educational programmes of the third level of higher education (Annex to the "Guidelines for experts of the National Agency for the application of the Criteria for assessing the quality of the educational programme"). URL: <https://naqa.gov.ua/wp-content/uploads/>

12. To the heads of higher education institutions: Letter of the Ministry of Education and Science of Ukraine of 28.04.2017 No. 1/9-239. URL: <https://pstu.edu/wp-content/uploads/2019/01/>

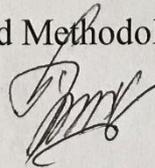
Guarantor of the educational programme



Associate Professor  
Shandryhos V.

The programme was approved at the meeting of the Department of Theory and Methods of Olympic and Professional Sports  
Protocol No. 15 of "23" 05 2022 p.

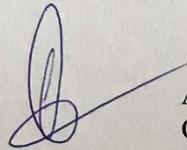
Head of the Department of Theory and Methodology  
of Olympic and professional sports



Associate Professor  
Ladyka P.

The programme is approved by the Academic Council of the Faculty of Physical Education  
Protocol No. 8 of "25" 05 2022 p.

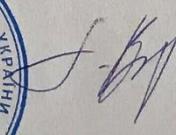
Chairman of the Faculty Council



Associate Professor  
Ognystyy A.

The educational and professional programme is recommended for implementation by the Academic Council of Ternopil Volodymyr Hnatiuk National Pedagogical University  
Protocol No. 13 of "28" 06 2022 p.

Academic Secretary of the University



Gevko V.